

## CORPUS CHRISTI CATHOLIC PRIMARY SCHOOL The Corpus Chronicle CORPUS NEWSLETTER

Term 2, Week 2 • Wednesday 8th May 2024

17 Link Road, St Ives NSW 2075 P 02 7256 2114

E ccsi@dbb.org.au W www.ccsidbb.catholic.edu.au



## FROM THE PRINCIPAL

Dear Parents and Friends,

Small Steps is an education program aimed at raising awareness and improving the recognition of anxiety disorders in children. Approximately one in seven children in Australia have an anxiety disorder. Wayahead Mental Health Association NSW has been delivering seminars in schools for over 20 years. We are excited to welcome them to Corpus Christi on the 5th June to help our parent community understand anxiety and learn strategies they can use to support children experiencing anxiety.

Topics covered in Small Steps:

- The role of fear and anxiety, and when anxiety becomes a disorder
- How anxiety commonly presents in children
- Risk factors for the development of anxiety
- Protective factors that reduce the impact of anxiety
- Treatments for anxiety
- Children's stories of anxiety- strategies and taking 'small steps'
- The anxiety cycle and how we can build resilience to it
- Resources for teachers, parents and carers

## AT A GLANCE

Principal's Message

**Religious News** 

**PE News** 

**Library News** 

**STEM Immersion News** 

**Calendar Events** 

Merit & PBL Awards

Corpus Christi Parish News

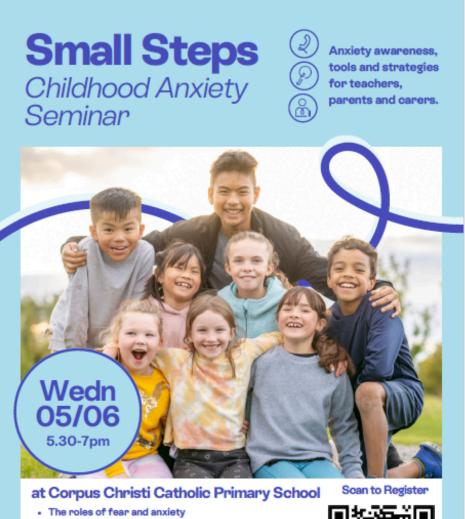


P 02 7256 2114

W www.ccsidbb.catholic.edu.au

## FROM THE PRINCIPAL

We look forward to seeing you at the seminar in the school library on Wednesday 5th June at 5:30pm. Please register using the QR code below to secure your place. Following the seminar we will be holding our P&F meeting for Term 2 and everyone is welcome to attend.



Wayahead' 🖧

- Risk factors and protective behaviours
- The cycle of anxiety
- · Scenarios of anxiety and strategies to help children
- Developing emotional regulation
- Resources for parents





## FROM THE PRINCIPAL

The Emerging Mind website has also recently released some great resources on anxiety that you may find helpful:

- Anxiety in Primary Aged Children: https://emergingminds.com.au/resources/anxiety-in-primary-school-agedchildren/?audience=practitioner
- 8 tips to help your child manage back to school anxiety: <u>https://emergingminds.com.au/resources/8-tips-to-help-your-child-manage-back-to-school-anxiety/?audience=practitioner</u>

#### National Walk Safely To School Day



This Friday, 10 May 2024, parents and children are encouraged to join primary schools all across Australia in walking to and from school as part of the Walk Safely to School Day.

This national initiative aims to encourage children to lead a healthier, more active lifestyle by simply including a walk at the beginning, at lunchtime and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia.

#### Happy Mother's Day

How lucky were we with the sun shining briefly on us all this morning!

Thank you so much to our Stage 1 class parents for a lovely breakfast and for bringing our community together. I wish all our mums and grandmothers a very happy Mother's Day this Sunday. I personally thank the wonderful mums who constantly give so generously of their time to our school in so many ways. I hope you all feel loved and appreciated on Sunday.

Happy Mother's Day to all those wonderful mum's in our lives.



# CORPUS CHRISTI CATHOLIC PRIMARY SCHOOL The Corpus Chronicle CORPUS NEWSLETTER

Term 2, Week 2 • Wednesday 8th May 2024

17 Link Road, St Ives NSW 2075 P 02 7256 2114

E ccsi@dbb.org.au W www.ccsidbb.catholic.edu.au

## FROM THE PRINCIPAL













# CORPUS CHRISTI CATHOLIC PRIMARY SCHOOL The Corpus Chronicle CORPUS NEWSLETTER

Term 2, Week 2 • Wednesday 8th May 2024

17 Link Road, St Ives NSW 2075 P 02 7256 2114

E ccsi@dbb.org.au W www.ccsidbb.catholic.edu.au

## FROM THE PRINCIPAL













## CORPUS CHRISTI CATHOLIC PRIMARY SCHOOL The Corpus Chronicle

CORPU'S NEWSLETTER

Term 2, Week 2 • Wednesday 8th May 2024

17 Link Road, St Ives NSW 2075 P 02 7256 2114

E ccsi@dbb.org.au W www.ccsidbb.catholic.edu.au

## FROM THE PRINCIPAL

A Mother's love is something that no one can explain, it is made of deep devotion and of sacrifices and pain.

It is endless and unselfish and enduring come what may for nothing can destroy it or take that love away.

It is patient and forgiving when all others are forsaking and it never fails or falters even though the heart is breaking.

It believes beyond believing when the world around condemns and it glows with all the beauty of the rarest, brightest gems.

It is far beyond defining it defies all explanation and it still remains a secret like the mysteries of creation.

A many-splendored miracle some cannot understand and another wondrous evidence of God's tender guiding hand.

#### **Prayers Needed**

Finally, please keep Belinda Camilleri and her family in your prayers. Belinda's father Kevin Holden passed away in the recent holidays and his life will be celebrated on Monday. May he rest in peace. Please also keep in your prayers Elle Denev and her family as her mother in law Eva Denev passed away over the holidays. May she also rest in peace.

Fayne Wheen

Principal

## **RELIGIOUS EDUCATION NEWS**

#### CONFIRMATION



The sacrament of Confirmation will be held in Term 2 of 2024 at Corpus Christi Parish on 28th June.

In order to join this sacrament program children must be in Year 3 or older and have been Baptised. Parents wishing to enrol their child for the Sacrament of Confirmation should do so by using the try booking link <u>here</u>

There will be TWO compulsory Parent Information Evenings held in the Church Hall at 7:30pm on Thursday 16th May and 23rd May.

The presentation of candidates will be held at the weekend masses on the 25th and 26th May. There will also be a compulsory practice in the Church for each child and a parent on Tuesday 25th June at 4.30pm.

Confirmation will be held on Friday 28th June 2024 at 6.00pm.

Attendance by at least one parent at the information evenings is a requirement of the course.

All queries can be directed to Gerri Hadwen via sacraments@corpuschristi.com.au

#### Pentecost



Pentecost Sunday in 2024 will be on Sunday, May 19th, 2024. It occurs 7 weeks after Easter and Catholics celebrate Pentecost to commemorate the blessing of the Holy Spirit upon the Apostles and other followers of Jesus Christ, as described in the Acts of the Apostles (Acts 2:1-31). On this day, the Holy Spirit descended upon the apostles, leading to their empowerment and the growth of the early Church. The event is significant because it enabled the apostles to preach the Gospel to people of all nations and languages.

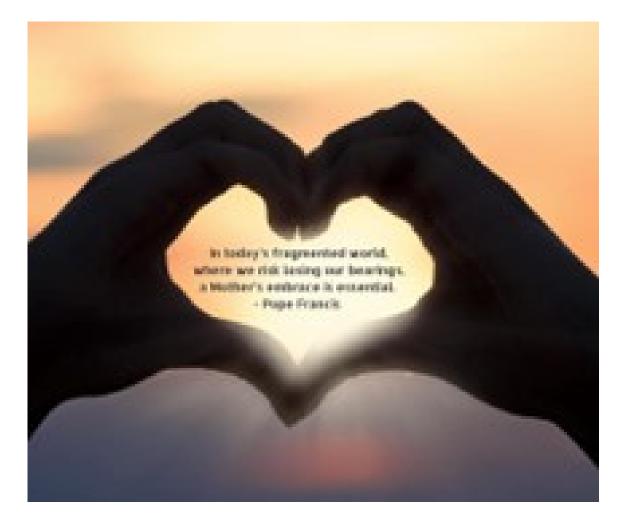
#### Thank you - Mother's Day Cana Farm Gifts

Thank you to all the families that purchased gifts from Cana Farm. Our Mother's Day stall raised \$1560 towards this charity that is run by a group of volunteers, who have identified the needs of disadvantaged and marginalized people. 100% of their profits go towards providing employment or educational opportunities for people.



## **RELIGIOUS EDUCATION NEWS**





Penny Delmage Religious Education Coordinator

## **PE NEWS**



Congratulations to our Sporting Superstar **Benji Dale** for being selected to represent Polding in AFL. We are very proud and wish him all the very best and hope he has a "blinder" and kicks a couple of "Sausage Rolls!" (AFL LINGO)

Sorry, I couldn't help myself, for those who are not Melbournians this interprets: I hope he plays exceptionally well and kicks a few goals!

Congratulations to our Softball Superstar **Annabelle Moriarty**, who played in the 2024 Under 12 Softball State Championship during these Holidays.

North Shore won 10 out of the 11 games, with Annabelle's pitching being the driving force behind the team. Annabelle's pitching made it exceedingly difficult for the opposing teams to get runs on the board.

The team took home the gold against fierce rivals Manly in a very tight game 7-6.

Mrs Sargent had the pleasure of coaching Annabelle in Polding 2022 and can't wait to see her pitch for Australia one day!



In Week 2 on Thursday 9th May, 43 students are representing Corpus Christi in the crosscountry event held in the new location Pennant Hills Park (AFL Fields).

We are proud of these quality distant runners that have earned their spot in the team, and we wish them all the best in their races.

"When you put yourself on the line in a race and expose yourself to the unknown, you learn things about yourself that are very exciting."

- Doris Brown Heritage (5 times World Cross- Country Champion)

#### **Athletics Carnival 2024**

Save the date 11th June is our School Athletics Carnival held at Bannockburn oval, Pymble.

#### **Parent Managers**

This term we have Stage 2 and Stage 3 students participating in the Touch Interschool sport days.

We will need helpers, otherwise the students will be unable to participate. If you are keen to help out, then please let Lisa Sargent know and keep the date free in your diary.

Both days will be held at Koola Park East Lindfield.

Stage 3- Tuesday 4th June

Stage 2- Tuesday 2nd July

Lisa Sargent

PDHPE Specialist & Sport Coordinator



## LIBRARY NEWS



**PREMIER READING CHALLENGE 2024** –**152 reading records** have now been started – what a wonderful achievement Corpus! Next week we will revisit the procedures and resources of the Challenge in Library with a special focus on where to locate PRC books. It's easy to borrow PRC books from the Library to add to your child's recording records. Scroll through the PRC book lists <u>here</u> Students can add any books they have read since September last year.

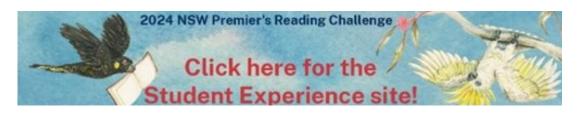
Students in **K-2** can also log books that have **been read to them** in the Library and their classes.

We now have **41** students who have already completed the Challenge! Congratulations to:

Kindy Clara, Maddie, Callie, Samuel, Grace, Rose, Michaela, Lilly Year 1 Zara, Max, Sabian, Amelia, Lucia, Vivienne, Alexina, Madelyn, Sarah Year 2 Kiki, James, Tobias, Oliver, William Year 3 Alicia, Monica, Cassie, Max, Tommy Year 4 Ethan Year 5 Flynn, Clementina, Hana, Alexia, Katelyn, Arhan, Jayden, Emily, Amaya

Year 6 Eugene, Fleur, Chloe, Jonathan

Well done to all of these students who are really celebrating their love of reading.



It is so easy to participate in the Challenge. Log on with your child to see how many books they have already read since August last year and add these to their log. Take note of some of the books they would still like to read and have them borrow these over coming weeks. We have 100s of books on the Premiers Reading Challenge in our very own Corpus Christi Library. We are presenting a book display weekly now with new picture books as well as PRC picture books for children to easily access. Please encourage your child to also ask Mrs Williams if they need help finding PRC books. The Challenge runs until 23rd August 2024. We still have 111 students who have started but not yet completed the challenge – it would be wonderful to see all of these students receive certificates from our Premier later in the year for completing the Challenge. Keep reading Corpus!

## LIBRARY NEWS

Please let me know if you are having trouble with student login details or require assistance with entering the books online. Please do not hesitate to email me <u>here</u>.

#### **CBCA BOOK WEEK 2024**

This term we will start gearing up for BOOK WEEK! Always a highlight of our year here in the Library. Book Week introduces a whole new world of inspirational reading for children (and adults!) of all ages. This year's Book Week theme is Reading is Magic! You can see the Shortlisted Books <u>here</u> which we will be exploring in Terms 2 and 3.



#### **Borrowing Reminder**

Please encourage your child to borrow every week. Even if they have their own books at home, it's always nice to bring home a book from our school Library to share with the family. Remind your child to pack their library bag for borrowing on their Library day.

Liz Williams & Gemma Archer

Teacher/Librarians

## ASSISTANT PRINCIPAL NEWS - SAVE THE DATE!

#### **URStrong Community Information Workshop**



We are excited to be hosting a whole community event (students, parents, teachers) to explore our positive relationships platform - URSTRONG.

URSTRONG's whole-school friendship strategy has improved the social climate in schools around the world, connecting over a million kids, parents, and teachers with a common language of friendship. We are proud to be a URSTRONG School, empowering your children with friendship skills through their award-winning Friendology curriculum.

You are invited to attend an ONLINE Language of Friendship parent-child workshop for URSTRONG Schools on Tuesday 4 June at 6:30pm AEST. Tyson Greenwood, (Director of URSTRONG), will teach you and your children skills + language to foster healthy, feel-good friendships.

Registration Required: CLICK HERE TO REGISTER

\*You will receive an email within 48 hours of the event with the zoom details.

We believe that empowering our students with these skills will create a culture of kindness at our school and we hope you can attend.

Liz Williams Assistant Principal

## **TERM 2 2024 CALENDAR OF EVENTS**

2024	
TERM 2	
Week 2	
Wednesday 8 <sup>th</sup> May	<ul> <li>Mother's Day Breakfast &amp; Liturgy</li> </ul>
	<ul> <li>Maths Olympiad Competition #1</li> </ul>
	<ul> <li>P &amp; F Executive Meeting</li> </ul>
Thursday 9 <sup>th</sup> May	<ul> <li>North Shore Zone Cross Country</li> </ul>
Sunday 12 <sup>th</sup> May	<ul> <li>MOTHERS DAY</li> </ul>
Week 3	
Thursday 16 <sup>th</sup> May	<ul> <li>Da Vinci Decathlon 2024</li> </ul>
	<ul> <li>SPARK Day at OLPS</li> </ul>
Saturday 18 <sup>th</sup> May	<ul> <li>The Ascension</li> </ul>
Sunday 19 <sup>th</sup> May	<ul> <li>Pentecost Sunday</li> </ul>
Week 4	
Monday 20 <sup>th</sup> May	<ul> <li>Bupa Visit – Year 5</li> </ul>
Thursday 23 <sup>rd</sup> May	<ul> <li>Parent Volunteers Induction</li> </ul>
Friday 24 <sup>th</sup> May	<ul> <li>Open Day #2</li> </ul>
Saturday 25 <sup>th</sup>	<ul> <li>P &amp; F Picnic</li> </ul>
Week 5	
Monday 27 <sup>th</sup> May	<ul> <li>Bupa Visit – Year 5</li> </ul>
Thursday 30 <sup>th</sup> May	<ul> <li>Feast of Corpus Christi Mass 9am</li> </ul>
Friday 31 <sup>st</sup> May	<ul> <li>Stage 2 Excursion</li> </ul>

### Staff Development Days 2024

Friday 5th July System-wide SDD Towards 2025

Monday 22nd July - System Curriculum Reform Day

Monday 14th October - Spirituality Day

## MERIT & PBL AWARDS

Class	Merit	PBL
KB	Luca T	Freddie M
ко	Riya N	Thomas K
1G	Zara s	Maddison P
1DM	George R	Benedict A
2L	Isla W	Raphael W
2H	Daniel B	Annabel W
38	Talitha M Jordan C	Hamish M
4M	Charlie M	Ethan W
5J	Mia M	James P
6D	Nicholas G	Grace P
MUSIC/DRAMA	Oliver G (2H)	

## P & F NEWS

#### Welcome to Term 2!

P and F are thrilled to welcome everyone back for Term 2! We hope you all had a restful break and are adjusting smoothly back into school life.

A quick reminder: the P&F Picnic is just around the corner on the 25th of May, and we're keeping a close eye on the weather. We warmly invite all families to join us for this enjoyable, laid-back event, which is a fantastic opportunity to connect with fellow members of our community.

We're offering a free sausage sizzle, so bring your picnic blankets and some snacks, and enjoy an afternoon with the school community!

Our wonderful class parents will be sending out a poll in the coming week, so please RSVP through the WhatsApp groups to help us plan accordingly. We can't wait to share a wonderful afternoon with all of you.

If you would like to keep up to date with the latest P and F news please join our Facebook group at https://www.facebook.com/groups/404239497029703/.

Please come along to our next P & F General Meeting will be held on Wednesday 5th June 7pm - 8pm straight after Small Steps Anxiety Seminar.

P and F Committee



## **CORPUS CHRISTI PARISH NEWS**

### Welcome to Corpus Christi Parish

<u>Children's Liturgy at 10am Mass</u> At every Sunday 10am Mass, children are invited to go to the Church Hall during Mass to participate in Children's Liturgy. There, they read the Gospel for the week and do activities related to that Sunday's gospel.



Morning tea is served afterwards for everyone!



#### Pray and Play

Once a month after Sunday 10am Mass, we organise some simple games for the children to play while parents mingle and chat. The next dates will be on 7 April <u>and 5</u> May.





To see the latest updates on what's going on in our parish, scan the QR code or join at https://www.facebook.com/groups/CorpusChristiStlves/



## LOCAL NEWS



# **OPEN DAY**

## Thursday 16 May 2024 | 9am - 12pm

REGISTER ONLINE | BRIGIDINE.NSW.EDU.AU

We welcome family and friends from Corpus Christi to join us at our Open Day.

## LOCAL NEWS



## LOCAL NEWS

## MUMS & BUBS YOGA

ORCHARD EARLY LEARNING CENTRE

### **58 WOODBURY RD, ST IVES**

Explore our centre and join us for a free relaxing yoga session plus morning tea with your little ones.

REGISTER BELOW BOOKINGS ARE ESSENTIAL



FROM 11.30AM FRIDAY, 3RD MAY